# **FREE COVID-19 Testing and Treatment Available!**

# Having COVID-19 symptoms? Get a rapid test now!

## Visit covid19.ca.gov/get-tested

## Symptoms

- fever or chills
- cough
- shortness of breath or fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- congestion or runny nose
- nausea or vomiting
- diarrhea

## **Emergency signs**

# Call 911 or go to ER if you have any of these signs...

- trouble breathing
- persistent pain or pressure in the chest
- new confusion
- inability to wake or stay awake
- pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

# **Tested positive? Get FREE medication right away!**



## **COVID-19 medications can prevent hospitalization and death**

If you have symptoms, talk to a health care provider or connect to a FREE telehealth provider today!

- You can speak to them onsite
- Or call (888) 897-1244
- Or make an appointment at <u>sesamecare.com/COVID</u>

Medications work best if started immediately.

# People in the following categories have increased risk for hospitalization or death from COVID-19

- Age over 50 years
- Diabetes
- Pregnancy
- Obesity
- Smoking
- Substance use disorders
- Depression or Schizophrenia
- Cancer
- Disabilities or Chronic Diseases
- Sickle Cell Disease
- Thalessemia
- Organ Transplant

#### Heart problems including:

- Heart Failure
- Coronary Artery Disease
- High blood pressure

### Kidney problems including:

Renal Failure or Dialysis

### Liver problems including:

- Cirrhosis
- Neurologic problems including:
- Prior stroke
- Dementia

### Chronic lung disease including:

Asthma

COVID-19

- COPD/emphysema
- Blood clots in the lung
- Pulmonary Hypertension
- TB or prior lung injury
- Cystic Fibrosis

### Immune system problems including:

- HIV
- Medications like steroids, chemotherapy



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